

Week 7 w/c 12/12/2022	Monday 12 December	Tuesday 13 December	Wednesday 14 December	Thursday 15 December	Friday 16 December
Main Choice 1	<p>Sticky BBQ Chicken</p> <p>Served on a bed of fried egg noodle stir fry, with roasted sweetcorn and prawn crackers on the side</p>	<p>American Hot Dog</p> <p>100% pork frankfurters served in a bun with fried onions, tomato ketchup and roasted potato wedges</p>	<p>Roast Chicken</p> <p>Roasted deboned chicken thighs, served with fresh roast potatoes, homemade gravy and seasonal vegetable</p>	<p>Bolognaise Pasta</p> <p>Lean beef mince in a South African bolognaise sauce served with penne pasta and garlic bread on the side</p>	<p>Jumbo Fish Fingers</p> <p>Served with chips and garden peas</p>
Main Choice 2	<p>Vegetable Stir Fry</p> <p>Stir fried vegetables served on a bed of egg noodles, with prawn crackers and roasted sweetcorn</p>	<p>Vegetarian American Hot Dog</p> <p>Quorn sausages served in a bun with fried onions, tomato ketchup and roasted potato wedges</p>	<p>Vegetarian Sausage Roll</p> <p>Linda McCartney sausage wrapped in short crust pastry, served with fresh roast potatoes, homemade gravy and seasonal vegetables</p>	<p>Tomato & Basil Pasta</p> <p>Homemade tomato and basil sauce, tossed in penne pasta, served with garlic bread</p>	<p>Cheese & Onion Quiche</p> <p>Creamy Cheese, onion and spinach baked in a savoury tart pastry</p>
Jacket Potato	<p>Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p>Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p>Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p>Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p>Jacket Potato served with a choice of Tuna, Baked Beans, Cheese or Ham</p>
Salads & Vegetables	All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables				
Desserts	A selection of cut and whole fruit, jelly and yogurts are available daily. On Tuesdays and Thursdays, a sweet treat will also be offered				